

YEAR PLANNER 2019-20**Name:****Grade: IX-X**

Month	Skill	Objectives & Specifications	Evaluation
APRIL	Dribbling and passing	First fundamental of basketball drill.	Observation
JUNE	Cant , ridding ,ankle catch and ,wrist catch.	Rules and regulations of kabbadi.	Observation
JULY	Fingering and boosting	Basic concepts on volleyball	Assesment 1
AUGUST	Running,chasing,bullet toe method,parallel toe method	Kho-kho rules and regulations.	Observation
SEPTEMBER	Team tactics of basketball and its game rules.	To develop the team tactics of the game.	Observation
OCTOBER	Jab step, lay up shot and jump shooting.	Game knowledge of basketball.	Assessment 2
NOVEMBER	Introduction of chess pieces.	To develop the agility mono skills of the body.	Observation
DECEMBER	Chasing and catching.	Basic rules and regulations of kho-kho.	Assessment 3
JANUARY	Kho-kho game rules.	Better knowledge of game tactics.	Observation
FEBRUARY	Ball juggling and 8 man passing.	To develop the timing strategy of the player.	Assessment 4

DIRECTOR**PRINCIPAL**