

**YEAR PLANNER 2019-20**

**Subject: Cricket**

**Grade: VI, VII**

<b>Month</b>	<b>Skill</b>	<b>Objectives &amp; Specifications</b>	<b>Evaluation</b>
<b>June</b>	fitness, game rules and regulation	Running for 3-4 min long sprints, short sprints, body flexibility, stretching exercises, fielding position, types of out, power play restriction.	Observation
<b>July</b>	Batting & basic rules of cricket	how to hold the bat, batting position, basics of the game	Observation and Assessment - I
<b>August</b>	batting drilling	front foot defence, back foot defence,	Observation
<b>Sept</b>	types of batting shots in cricket	cover drive, on side drive, back foot punch	Observation and Assessment - II
<b>Oct</b>	bowling & cricket batting tips	how to hold the ball, run up, bowling action, jump, release the ball, target practice & cover drive, on side drive, back foot punch	Observation
<b>Nov</b>	catches & fielding & throw & bowling	slip catches, high catches, side ways catches, ground fielding	Observation and Assessment - III
<b>Dec</b>	cricket batting techniques	lofted shots, cut shots, pull shots,	Observation
<b>Jan</b>	bowling & cricket batting tips	In swing techniques, out swing techniques, off spin, leg spin, cricket batting judging length	Observation
<b>Feb</b>	matches	running between the wickets, placements in gap	Observation and Assessment - IV

**Principal:**

**Academic Head:**

**P.D:**