

YEAR PLANNER 2019-20

Subject: Cricket

Grade: VIII, IX, X

Month	Skill	Objectives & Specifications	Evaluation
June	fitness,game rules and regulation	Running for 3-4 minlong sprints, short sprints, body felxbilty,stretching exercises,felding position,types of out,power play restriction.	Observation
July	Batting & basic rules of cricket	how to hold the bat,batting position, baxis of the game,motivation for slef confidence	Observation and Assessment - I
August	batting driling & game sprit	front foot defence,back foot defenc,	Observation
Sept	types batting shots cricket	cover drive, on side drive , back foot punch	Observation and Assessment - II
Oct	bowling & cricket batting tips	how to hold the ball, runup,bowling action, jump,relise the ball, target practice & cover drive, on side drive , back foot punch	Observation
Nov	catches & felding & throw & bowlin	slip catches, high catches, said ways catches, ground felding	Observation and Assessment - III
Dec	cricket batting techniques	lofted shorts, cut shorts, pull shorts,	Observation
Jan	bowling & cricket batting tips	In swing techniques, out swing techniques, off spin, leg spin,cricket batting judging length	Observation
Feb	matches	running between the wickets , palcements in gap	Observation and Assessment - IV

Principal:

Academic Head:

P.D: