

Subject : Archery
Grade : VII
Year : 2019-20



Year Planner

Month	Activities Planned	Objectives	Evaluation
June	Introduction and Bow Selection	Eye Domination Test: Left Eye or Right Eye	
July	Basic Details of Archery; Bow and Arrow	Learning Parts of Names, Fitness and light Practice	
August	How to Shoot on the Target	To make the children know how to hold the Bow in the appropriate manner and shoot the target	
Sep	Types of bows - Introduction	Indian Round; Wooden; Recurve bow; Compound Bow	
Oct	Different Techniques and Practice	Target Shooting using different techniques.	
Nov	Group Selection and Practice	Target Shooting from distances of 20m, 30m etc	
Dec	Capable of selecting Equipment	To know how to pick correct equipment	
Jan	Selection for Team games	Team Work	
Feb	Matches and competition levels	Special Coaching	