

**Subject : Expressions**  
**Grade : X**  
**Year : 2019-20**



**VPA Year Planner**

Month & No. of Teaching Days	Units	Objectives	Activities Planned	Assessment / Recap
March & April	Introduction What is theatre? Different Types of Theatre	<ul style="list-style-type: none"> <li>To introduce the importance of theatre</li> <li>Introduce the students to various forms of Drama</li> </ul>	<ul style="list-style-type: none"> <li>Students emote various facial expressions.</li> <li>Enacting mirror images</li> <li>Mono syllabic Expression</li> </ul>	-
June	Enacting a story (Group )/ Street theatre	<ul style="list-style-type: none"> <li>To perform a story using body movements and facial expressions only.</li> <li>To improve the acting ability, loosen up the body and have fun.</li> <li>Develop the ability to play in role, as an integral part of the action</li> </ul>	<ul style="list-style-type: none"> <li>Students enact extracts from famous stories.</li> <li>Students enact a play to create social awareness.</li> </ul>	
July	Pantomime	<ul style="list-style-type: none"> <li>Communicate and explore drama ideas using the elements of drama</li> <li>Develop self-esteem, confidence and the skills of co-operation through the making of drama.</li> <li>Develop the instinct for make-believe play.</li> <li>To help build confidence and effective communication skills.</li> </ul>	<ul style="list-style-type: none"> <li>The students to write a script for pantomime.</li> <li>Dumb charades</li> </ul>	Assessment- I
Aug	Poetry in Action	<ul style="list-style-type: none"> <li>Analyze the various elements of poetry, such as diction, tone, form, genre, imagery, figures of speech, symbolism, theme, etc.</li> <li>Identify a variety of forms and genres of poetry from diverse cultures such as ballads and dramatic monologues.</li> </ul>	<ul style="list-style-type: none"> <li>Students enact the given poetry.</li> </ul>	Assessment - 2

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		<ul style="list-style-type: none"> <li>Recognize the rhythms and the musical aspects of poetry</li> <li>To help build confidence and effective communication skills.</li> </ul>		
Sept	Enact your favourite personality	<ul style="list-style-type: none"> <li>To develop the ability to play in role as an integral part of the action</li> <li>To help build confidence and effective communication skills.</li> </ul>	<ul style="list-style-type: none"> <li>Students will enact their favourite actor/actress and dub smash.</li> </ul>	-
Oct	Shakespeare/ any other author's play	<ul style="list-style-type: none"> <li>To enter into the fictional dramatic context.</li> <li>To reflect on the feeling experienced by the character in the play and bring out the emotions through their play presentation.</li> </ul>	<ul style="list-style-type: none"> <li>Rehearse for a classical play.</li> </ul>	Assessment - 3
Nov.	Mono Act	<ul style="list-style-type: none"> <li>To help build confidence and effective communication skills.</li> <li>To make out the use of gestures and posture activities.</li> </ul>	<ul style="list-style-type: none"> <li>The students perform the assigned task.</li> </ul>	
Dec.	Skit presentation	<ul style="list-style-type: none"> <li>Develop awareness of how he/she, as part of a group, helps to maintain focus in the Dramatic action.</li> <li>Develop awareness of tension in the Drama.</li> <li>Reflecting on Drama.</li> <li>Develop the ability to reflect on the action as it progresses.</li> </ul>	<ul style="list-style-type: none"> <li>The students present their final skit for the year.</li> </ul>	Assessment - 4
<b>Jan</b>	<b>Recap</b>			