

**Game: Basketball**

<b>Month</b>	<b>Skill</b>	<b>Objectives &amp; Specifications</b>	<b>Evaluation</b>
<b>JUNE</b>	Warm up & Fitness drills	To gain stamina & fitness levels	Observation
<b>JULY</b>	All types of dribbling drills	To help in gaining control over ball	Assessment 1
<b>AUG</b>	All passing drills	To help in co-ordination of body and mind	Observation
<b>SEP</b>	Shooting drills	To help in improving shooting accuracy	Assessment 2
<b>NOV</b>	Layup shot	To help in development of under basket shots	Observation
<b>DEC</b>	Jump shots, hook shots	To improve the accuracy of shooting in the game	Assessment 3
<b>JAN</b>	Footwork drills	Helps in body balancing	Observation
<b>FEB</b>	Rebound drills	To improve jumping capacity	Observation
<b>MAR</b>	Fundamentals of game	To improve game tactics	Assessment 4